

## **PSALM 56 – Prayer for Relief From Tormentors!**

8/6/22 – Sat. Morn. Prayer - P. Twente, 714 425-9221; [ptwente@gmail.com](mailto:ptwente@gmail.com) [www.ptwente.com](http://www.ptwente.com)

### **I CAST ALL MY CARES UPON YOU! (Cares Chorus)** – Kelly Williard, Maranatha Chorus (2:51)

I cast all my cares upon You I lay all of my burdens down at Your feet  
And any time I don't know what to do I will cast all my cares upon You  
I cast all my cares upon You I lay all of my burdens down at Your feet  
And any time I don't know what to do I will cast all my cares upon You  
I cast all of my cares upon You I lay all of my burdens down at Your feet  
And any time I don't know what to do I will cast all my cares upon You  
I will cast all my cares upon You

**PSALM 56** - The prayer of David when the Philistines took him in Gath. The Silent Dove in Distant Lands means the cry of the dove in the distant terebinth trees. You hear that dove way off, just that morning sound of the dove way off in the terebinth trees. This is David's cry like the dove.

### **David Flees to Gath**

*(1Sa 21:10-15) And David arose, and fled that day for fear of Saul, and went to Achish the king of Gath. [11] And the servants of Achish said unto him, Is not this David the king of the land? did they not sing one to another of him in dances, saying, Saul hath slain his thousands, and David his ten thousands? [12] And David laid up these words in his heart, and was sore afraid of Achish the king of Gath. [13] And he changed his behaviour before them, and feigned himself mad in their hands, and scrabbled on the doors of the gate, and let his spittle fall down upon his beard. [14] Then said Achish unto his servants, Lo, ye see the man is mad: wherefore then have ye brought him to me? [15] Have I need of mad men, that ye have brought this fellow to play the mad man in my presence? shall this fellow come into my house?*

***PSALM 56 To the Chief Musician. Set to "The Silent Dove in Distant Lands." a Michtam of David When the Philistines Captured Him in Gath.***

### ***Vs. 1 & 2 – He pours out his complaint***

***Psa 56:1 Be merciful to me, O God, for man would swallow me up; Fighting all day he oppresses me.***

- Lord this turmoil that is all around me. David had escaped from Saul to Gath. Gath was one of the capital cities of the Philistines; in fact, it was the hometown of Goliath. When David fled to Gath, David's reputation was that of the giant killer. They said hey this is the guy that killed Goliath. We have got him here. They began to come to the king and say you cannot let this guy stay here. The king called David in and that's when David feared, and he began to spit all over his beard. He slobbered and started making crazy noises and scrabbling on the wall. The king thought that this guy's insane, get him out of here. David escaped from Achish. But this is when he had been reported.

***Psa 56:2 My enemies would hound me all day, For there are many who fight against me, O Most High.***

- It is interesting that out of all of these sad and sorrowful experiences in David's life, such strength and help have come to us. God used that as a time of working in David's life and David, as he related that help and work of God, brings us comfort and strength.

### ***Vs. 3 & 4 – He declares his confidence in God***

***Psa 56:3 Whenever I am afraid, I will trust in You.***

- David was fearful. What is the king going to do?

***Psa 56:4 In God (I will praise His word), In God I have put my trust; I will not fear. What can flesh do to me?***

- David so often, in facing these heavy situations, these heavy problems, would put them in perspective. That was the key to David's life and victory. He would be facing these horrendous situations but then he would always put in perspective. I am going to put my trust in God, I'll put

my trust in His word. As he would cast his burdens upon the Lord, sort of speak. He would find the sustaining strength of the Lord and that confidence would come.

- *What can flesh do to me? (Mat 10:28) And fear not them which kill the body, but are not able to kill the soul: but rather fear him which is able to destroy both soul and body in hell.*

***Vs. 5 & 6 – He returns to his complaining***

***Psa 56:5 All day they twist my words; All their thoughts are against me for evil.***

- They were going around saying well David said this and David said that David said just wait and I will get him when I get a chance. They are twisting David's words. I do not know if you have ever had someone twist your words, but it is just an uncomfortable thing. That is one reason I really do not dislike counseling, I hate counseling. People will go out and wrest your words, they will twist what you have said, or they will only say part of what you've said. Look out. Do not believe it.

***Psa 56:6 They gather together, They hide, they mark my steps, When they lie in wait for my life.***

- David gets a little paranoid at this point and probably for good cause. He was in this Philistine city of Gath probably the relatives of Goliath were still around, and they were marking his path. They were watching him; they are just waiting for their opportunity.

***Vs. 7-9 - He pleads with earnest hope***

***Psa 56:7 Shall they escape by iniquity? In anger cast down the peoples, O God!***

***Psa 56:8 You number my wanderings; Put my tears into Your bottle; Are they not in Your book?***

- Now in those days tears were a valuable thing. In fact, at home and I wanted to bring it tonight and it slipped my mind, but I have a little tear bottle. Every lady had her tear bottle. A beautiful little bottle with a big wide rim on it. Whenever they would cry they would run and grab their tear bottle and hold it up and they would bottle their tears. These tear bottles became very valuable collectors' items for the person because they would see that little bottle of tears that would represent to them the emotions that they had experienced in life. They were a valuable possession, and they were prized possession. these tear bottles, because it represented so much emotion. ears of joy and then also sorrow and grief. Prized possessions of the lady's. They all had their little tear bottle on the shelf to catch their tears.
- Do you remember when the lady washed Jesus' feet with her tears? She took that precious valuable little bottle of memories and poured it on his feet and washed his feet with her tears and dried them with her hair. That was a very meaningful thing because they prized these bottles of tears so highly.
- It seems that God has complete God's records are of man. We are told in the book of Revelation that when unregenerate man stands before God that the books will be opened, and they will be judged out of the things that are written in the books. I suppose that God is capable of keeping complete absolute complete records. In fact, we are told that that judgement will not just be of the things that you have done but for the motives for why you did them. God just does not keep the books on the actions but the thought that was behind the action, the motive that was there. Many of things that we have done that we think we are going to get a good score for that because our motive was wrong. I hope everybody sees how generous I am when they observed what I did for that poor little old lady. They would say, "My is not he wonderful, is not he generous, is not he kind. He is marvelous". That will be my reward.
- As far as the books that God was keeping on me, they have been wiped out and I am glad for that. Through Jesus Christ, the record is clean. "There is no condemnation to those that are in Christ Jesus" God has erased the books. "But for the wicked, they stand before God, the books are open, and they are judged out of the things that are written in the books" whatever they be.

***Psa 56:9 When I cry out to You, Then my enemies will turn back; This I know, because God is for me.***

- Again, as he puts it in perspective and as he sees God's part, then there arises that confidence. When we are faced with a problem the mistake that we so often make is we begin to concentrate on the problem. As we dwell upon the problem it magnifies, it grows it becomes overwhelming. We need to concentrate upon God, "cast the burden onto him" and then begin to look at the greatness and the power of God. As we do then we have that confidence that God is going to take care of it. Putting our focus upon God confidence comes, assurance comes, peace comes, and we are able to ride out the storm because I know that God is going to help me.
- *For God is for me!* Do you know that God is for you? That is such a glorious thing. Paul said, "If God is for us who can be against us?" The wonderful thing is that God is for you, "Cast your burden upon it, he will sustain you. Learn to turn things over to God, learn to see things in that perspective, in God's strength, power and ability not in my weakness. O I am too weak for this, O I cannot handle this, O I've had so much I just can't take another thing. I see it with my diminished capacities, and I am prone to despair but if I see it in God's perspective and turn it over to God and begin to think of the power of God, the universe that he created. I begin to

see it in its proper perspective and then there is no problem because God's going to handle it.  
God is for me!

*Vs. 10-13 - He sings a grateful song*

*Psa 56:10 In God (I will praise His word), In the LORD (I will praise His word),*

*Psa 56:11 In God I have put my trust; I will not be afraid. What can man do to me?*

- He gets things in perspective and the words are no longer filled with anxiety and despair but now he speaks confidently because I have put my trust in God and in the word of God, the word of the Lord and I am not going to be afraid of what man can do.

*Psa 56:12 Vows made to You are binding upon me, O God; I will render praises to You,*

- So often when David was in trouble he would make vows to the Lord. Lord if you get me out of this and I will do this for you. So, David speaks a lot about the vows, paying the vows. "I will pay the vows that I made in that in which I was in trouble," David said.

*Psa 56:13 For You have delivered my soul from death. Have You not kept my feet from falling, That I may walk before God In the light of the living? Save me, O God, by Your name, And vindicate me by Your strength.*

- He escaped from king Achish. He got out of there, God set him free. God, you have been my help, my strength.
- David's still in trouble. He is fleeing from Saul, and he goes down into the area of En Gedi. There he hides in this cave. Saul is pursuing him and David and his rugged ragged band of guys, rough and tough characters who are running from the law and are in trouble, in debt. They are gathered with David. They are hiding in the cave. Saul and his trained army are pursuing them. As they are hiding there in the back part of the cave, as Saul is looking for a place to spend the night, they spot this cave and they come, and Saul and his men all settle down there in the cave. They take off their gear and lay it beside them. David and all his guys are back there hoping that no one sneezes and are just watching these guys settle down for the night right there in the mouth of the cave. David and his friends are all up there in the dark shadows hiding in the back part of the cave and Saul and his men are right there.

**"ALWAYS"** - Kristian Stanfill (4:24)

My foes are many, they rise against me But I will hold my ground I will not fear the war, I will not fear the storm My help is on the way, my help is on the way

Refrain: Oh, my God, He will not delay My refuge and strength always I will not fear, His promise is true My God will come through always, always

Troubles surround me, chaos abounding My soul will rest in You I will not fear the war, I will not fear the storm My help is on the way, my help is on the way (Refrain)

I lift my eyes up, my help comes from the Lord (4X)  
From You Lord, from You Lord

Oh, my God, He will not delay My refuge and strength always I will not fear, His promise is true My God will come through always, always Oh, my God, He will not delay My refuge and strength always, always

**FOR OUR NATION'S LEADERS: PRAY FOR CALIFORNIA: PRAY FOR WORLD LEADERS: -**

**Pray for World Leaders, especially their salvation, including: Xi Jinping – China; Narendra Modi- India; Joe Biden – USA; Joko Widodo - Indonesia; Jair Bolsonaro - Brazil; Arif Alvi - Pakistan; Muhammadu Buhari - Nigeria; Hasina Wazed - Bangladesh; Vladimir Putin- Russia; Lopez Obrador – Mexico; Naftali Bennett – Israel; Olaf Scholtz – Germany; Boris Johnson – U.K.; Kim Jong-un – North Korea; Yoon Suk Yeol– South Korea.**

**PRAY FOR OUR CHURCH/PERSECUTED CHURCH; SCHOOLS; POLICE OFFICERS/MILITARY; ISRAEL:**